

WANDERING NEWS

Wiesbaden International Wandering Club

Volume 1 - Issue 3 - October/November 2024 Editor: Kim Kuhn

Our Mission

To Promote Volksmarching, Comradery, Physical Activity, Enjoyment of the Outdoors Throughout Europe and Beyond, and Positive Interaction with Host Nation Citizens



It is Halloween month! We hope you get to do a lot of walking this month, but be careful of all the witches, ghosts and ghouls. You never know where they're hiding.

Monthly Member Meeting Reminder: October 21, 2024

Every 3rd Monday of the month at the Schnitzel Queen in Nordenstadt (<u>Borsigstraße 1A, 65205 Wiesbaden</u>). Free raffle prizes for attending members. Members who participated walks during the month get additional chances. 6:00pm for dinner and socializing; 7:00pm for the meeting.

WIWC Gear on Sale!

You have one more opportunity to put in an order for club shirts, fleece jackets, sweatshirts, hoodies, etc. this month. Please see the order form at the end of this newsletter. Send a completed order form to Judy Fishel at JF4WIWC@gmail.com. Money will be collected later.

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Welcome New Members

- Karsten & Shane Bailey
- Barbara Henning
- Anna Levit
- Rita Martin
- Nicole Weliver-Rand
- Fernando Sanchez
- Edit Szomor (returning) and Istvan Sari
- Anfi & Darin Slaga
- · Beth & Matt Vorsteg

If I missed anyone, please let me know.

Saying Goodbye

by Judy Fishel

Our club is made up of a lot of wonderful people but more than that, many have dogs that become honorary WIWC members and our family. Our dog, Jasper, was WIWC family. Many of you knew him and welcomed him at walks and meetings. His sister, Baila, passed about three years ago. At 15 ½ years old Jasper was still going strong. He no longer could do the 10km walks with Klaus but each weekend walked with us on the 5-6km trails. Always with a smile on his face. He looked forward to the walks; pulling at the leash to leave the house and get to the car. When he was done he generally crashed and slept most of the way home. He walked in Germany, Luxembourg, France, Belgium, and more. He saw more of the world than many people see in their lifetimes.

When we left for Pennsylvania in August without him, he just had a physical. They said but for his

age and his known heart murmur he was in great health. We returned from Pennsylvania in September and Jasper had changed. He had trouble keeping his balance and walking straight. We discovered he had a tumor. But he still kept walking. Maybe not the whole trail but parts and when he couldn't he proudly road in the stroller and, when he felt like it, he told us he wanted to get out and walk some more.



About five weeks later it was time to say goodbye. One of the hardest things Klaus and I have had to do. But it was time.

Jasper gave us his heart, and his soul. We gave him all of our love. I wish we had more time. One more walk. But he is free of the tumor. Playing with Baila. Meeting his brother Jasper who passed before he got to meet him. Laying in the sun, in peace.



I debated about writing this. It has not been easy. But so many of you knew Jasper and I thought you would want to know he has said goodbye. But he won't be forgotten.

Mark Your Calendar: November 18, 2024

ELECTIONS!!!!!!

My reign as President of the WIWC ends on December 31, 2024. I would like to pass the torch to a member committed to the continued success and growth of our organization. I am retiring in August 2025. Klaus and I will be headed back to the U.S. In order for the club to continue we need new members to step up into leadership rolls. I have seen too many clubs fold over the years because, while members enjoyed the benefits of the club, no one wanted to take on additional responsibilities. PLEASE, PLEASE, PLEASE do not let that happen to WIWC. I and others have put so much effort to rebuild the club over the past few years and we are stronger and better for it. I intend to continue to help, even be vice president or assistant president or whatever roll a new president wants me to take. If you can't do president, think about vice-president, or activities director, or two or more jointly take on the role of one council member. Consider writing the monthly (bi-monthly lately) newsletter, answering emails that come into the club email address, be in charge of door prizes. Clubs like ours are hard to maintain because almost everyone PCSs every three years or so. You do not have to act alone; a team will be with you. Elections will be held during our November membership meeting. We will be sending out applications for those that wish to run for election in any role. You must be present at the November meeting in order to vote. I am confident this club will continue to thrive with your help. And I want to send out a huge THANK YOU to our current council members who hopefully will run again for the next year.

FALL BAZAAR

VOLUNTEERS NEEDED!! We would love your help in manning our club booth to let others know about our great club. The Bazaars are our biggest membership drives and we need your help to

succeed. Dates are **Oct 17-20** (Thursday to Saturday from 1000-1900 and Sunday from 1000-1400). Volunteers usually help in 3 hour shifts (lunches and drinks are provided), but even if you can only stay for an hour, that is still helpful.

Here's the signup for volunteering:

https://www.signupgenius.com/go/4090F48A9AA28A2F58-51304312-ball

BAKE SALE

WIWC received approval to hold a bake sale outside of the Tony Bass Center on Clay Kaserne on Tuesday, October 22, 2024 from 1100-1300. Whether or not you can help man the table at the sale, please be sure to bring individually home-made (or store bought) baked goods to our Monday October 19, 2024 Membership meeting. If you can't make the meeting please stop by the table to drop off your donated goodies. We cannot set a price for the goods we sell but will take whatever donations come our way. The funds we raise will be used to pay for organizational costs incurred by the club including office supplies, storage fees, and if we earn enough, offset the cost of a bus trip to a club event.

Please help by volunteering at the table, donating baked goods, or both!

UPCOMING SPECIAL EVENTS

Christmas Tree Lighting Ceremony December 5, 2024 - We will have a WIWC table at this ceremony at the Post Exchange on Hainerberg and use the opportunity as a fund-raiser. We are thinking about having hot chocolate available for donations but if anyone has additional ideas please let us know. We again will need volunteers to man the table at this event. Speaking of tables, does anyone have a table that they can lend for the occasion? Paula Johnson graciously volunteered to take the lead on this event.

Christmas Bus Tour to Metz - On December 7th our sister club, the Ramstein Roadrunners, are going to a 10km IVV walk through the illuminated streets of Metz, discovering the historical monuments, the 5(!) Christmas markets with more than 125 stands throughout the city. Enjoy a glass of mulled "Glühwein" wine, hot waffles, and/or roasted chestnuts in their unique Christmas atmosphere. Their vans will depart at 1300 from the Spesbach Park and Ride next to A62 and the Netto market. Cost is 25 Euro. More information on the webpage of the Ramstein Roadrunners at www.ramstein-roadrunners.com (for English add "/en").

Special Christmas Market Walk - In Luxembourg on December 14, 2024. 5 and 10km trails. This walk goes through three Christmas Markets (10km). If there is enough interest we can try to get a van or bus. If not, we can meet up at the walk. Start time is anywhere between 1100 and 1700 and finish is 1900. Address is 16, Grand-Rue (Roude Petz) Luxembourg City. Looking for a volunteer to head this activity.

Recent Walks

<u>Australian Walkabout</u> by Yvonne Cochran

It may not have been a Volksmarch, but we had a wonderful time walking all about Australia last month. Fulfilling a lifelong dream and bucket list item, we flew from Frankfurt to Sydney to begin our adventure. While we did not follow any IVV signs - we spent a great deal of time exploring down under via foot. Most important lesson we learned while walking...walk on the left, just like on the streets!



Sydney is a wonderful town. The Harbour Bridge and Opera House did not disappoint, especially the climb to the top of the Bridge. North of Sydney lie the Blue Mountains, full of history and

geography that we did not expect to see in Australia. We headed north to Brisbane where we visited the Australia Zoo - home of the Crocodile Hunter - and, more importantly, our opportunity to meet Jasper...a wonderful Koala. From Brisbane, we once again headed north to Cairns where we had the chance to dive the Great Barrier Reef as well as enjoy the beautiful beaches and seafood from northeastern Australia. Following Cairns, we flew to Darwin - home to a 20 million year old rainforest and a truly remarkable array of animals, birds, and reptiles.



The Australian people, culture, and land never disappointed - we certainly recommend a trip.

President's Note: Yes. Australia has IVV hiking. Permanent and traditional events. See https://aussiewalk.com.au/ivv/. In fact, the first ever IVV-Americaspiad/Oceaniaspiad (American Continent (US & Canada, Brazil are members), Australian & New Zealand Volksmarch meet) is going to be in Canberra March 24-26, 2026. Klaus and I are already making our plans to attend.

Goethe Club Walk by Edit Szomor

September 21, 2024, was a wonderful Saturday. We members of WIWC met at the Goethe house, and we started to walk the "Goethe Wanderweg." Multiple groups separately enjoyed the walk through the populous city and by the eye-catching Rhine River while crossing bridges, talking, taking pictures, and enjoying people watching and the marvelous views. We all met for lunch by the river and savored the food and each other's company. Then we got on the cruise boat where more than half of the group stayed on the top soaked in sunshine and the amusement of scenery while others stayed downstairs to share conversations, drink wine, water, cappuccino, coffee and indulge in delicious sweets. The result of this day was finding new friends and collecting unforgettable memories.







President's Note: We also used this event as a club fundraiser and earned enough money to cover the cost of our storage unit for one month. Every little bit helps. Thanks to all who attended. We will be announcing the next group walk/fundraiser soon.

Pennsylvania Walk by Judy Fishel

Klaus and I went on a trip to Pennsylvania and, while there, took the opportunity to meet up with several members of the old Heidelberg International Wandering Club; the WIWC predecessor. We all walked the Wildwood Lake Trail in Harrisburg. This trail is one of the many year-round walks available not only in Pennsylvania but throughout the United States and throughout the world. The walk is maintained by the Susquehanna Rovers Volksmarch Club. You might wonder how we find these walks. Well the ones in the U.S. are on the webpage of the American Volksmarching Association wwww.ava.org. You can search for a specific walk or see them by state and by map. Pennsylvania has 114 traditional and year-round walks.

The start box for registration was at the Quality Inn on the Riverfront and then we drove to the start point of the trail in the Wildwood Lake Park. These trails, one 5km, and one 10km, were rated as 3C by the AVA. So it was a walk good for people and pets but hard for strollers and not good for wheelchairs. That's one good thing about the AVA, they rate their trails on difficulty both of the walk and the terrain.

1A has very small hills or very little stair climbing and is almost entirely on pavement.

2B has some moderate hills or stair climbing and a significant part of the route is on well-groomed trails with a few obstacles.

3C has some significant hill or stair climbing and a significant part of the route is someone difficult terrain (rocky/rooted paths or soft sand)

4D has lots of significant hills or stair climbing and a significant part of the route is on very difficult terrain

5E has many steep hills and the majority of the route is on very difficult terrain

The 5km was around the lake. It really should have been rated 2C. The 10km included the 5km loop but there were additional in and out trails adding up to the 10km.



Wildwood Park has 229 acres and is known for its 90-acre shallow lake with over 6 miles of trails and mile-long boardwalk over the wetlands. Olewine Nature Center features exhibits on environmental education. Wildwood was established in 1901 as part of a nationwide effort to improve urban life. It is now one of Pennsylvania's premier centers for environmental studies, educational opportunities and outdoor recreation. It is a retreat for nature lovers, bird watchers, and exercise enthusiasts.

Next up for Klaus and I is the "walk around FL" in Palm Cost from 1-3 November sponsored by the Happy Wanderers, Mid-Florida Milers, and Suncoast Sandpipers. The president of the Happy Wanderers, John McClellan, is a former president of the Heidelberg club. Small world. Happy hiking. After that we will be going to the 2025 AVA Biennial convention in Las Cruces, New Mexico from April 29-May 2, 2025. There will be walks in 3 cities, 3 states, and 2 countries!! Consider joining us.

In the meantime, please join the WIWC as we wander across all sorts of Volksmarching events each week around Wiesbaden and throughout Germany and Europe. You can visit our FaceBook page at Facebook Group: https://www.facebook.com/groups/293708457976771 Website: www.wiwcvolksmarching.org or send us an email at WIWCVolksmarching@gmail.com. We look forward to seeing you.

Have you discovered a great walk or location that you want to share with the rest of WIWC. Have some beautiful pictures? Have a baby, get married, take a great cruise, explored a new location? Write up a brief article and submit it to WIWCVolksmarching@gmail.com for inclusion in the next newsletter.

Upcoming Walks (Germany)

Saturday & Sunday, October 12th & 13th

49th International Volksmarch in Aarbergen-Daisbach, Hessen with 6 km, 10 km & 20 km trails Address: Sportheim SC Daisbach, am Volbertsberg 2, 65326 Aarbergen-Daisbach, Hessen 18 mi Northwest of Wiesbaden, about 30 minutes driving time from Wiesbaden

Saturday & Sunday, October 12th & 13th

International Volksmarch in Spabrücken, Rheinland-Pfalz with 6 km, 10 km & 20 km trails Address: Soonwaldhalle, Sportgelände, am Wald 25, 55595 Spabrücken, Rheinland-Pfalz 32 mi Southwest of Wiesbaden, about 40 minutes driving time from Wiesbaden

Saturday, October 19th only

Oberhaslach, Alsace (Département Bas-Rhin) with 5 km, 10 km & 20 km trails

Address: Salle des Sports, <u>7 rue du Stade, F-57910 Neufgrange, Lorraine (Département Moselle)</u> 150 mi South of Wiesbaden, about 2 hours 40 minutes driving time from Wiesbaden

Sunday, October 20th only

Neufgrange, Lorraine (Département Moselle) with Parcours Adapté (usually 5 km or 6 km), 10 km & 20 km trails

Address: Salle des Polyvalente, <u>rue du Nideck, F-67280 Oberhaslach, Alsace (Département Bas-Rhin)</u>

108 mi Southwest of Wiesbaden, about 2 hours driving time from Wiesbaden

Sunday, October 20th only

Roussy-le-Village, Lorraine (Département Moselle) with 5 km, 11 km, 22 km, 42 km & 50 km trails and Roussy Country Market

Address: Salle Robert Schuman, Place de l'Europe, F-57330 Roussy le Village, Lorraine (Département Moselle)

140 mi Southwest of Wiesbaden, about 2 hours 40 minutes driving time from Wiesbaden

Saturday and Sunday, October 26th & 27th

Winningen an der Mosel, Rheinland-Pfalz, with 5 km, 10 km, 20 km, 30 km, 42 km, 55 km, 60 km & 65 km trails

Address: August-Horch-Halle, <u>Uhlenweg 2, 56333 Winningen</u> an der Mosel, Rheinland-Pfalz 66 mi Northwest of Wiesbaden, about 1 hour 20 minutes driving time from Wiesbaden

Sunday, November 1st only, All-Saints Holiday (public holiday in some States in Germany, mostly Southern States with the exception of Hessen)

Ölbronn-Dürrn, Baden-Württemberg with 5 km, 10 km & 20 km trails

Address: Gemeindehalle Duerrn, Wiesenstr. 16, 75248 Ölbronn-Dürrn, Baden-Württemberg 105 mi South of Wiesbaden, about 2 hours driving time from Wiesbaden

Saturday and Sunday, November 2nd & 3rd

Mandel, Rheinland-Pfalz, with 5 km, 10 km & 20 km trails

Address: Schlossberghalle, <u>Sponheimer Str. 1, 55595 Mandel, Rheinland-Pfalz</u> 32 mi Northwest of Wiesbaden, about 45 minutes driving time from Wiesbaden

Saturday, November 9th only

Hesperange, Luxemburg, with 5 km & 10 km trails

Address: Centre Nicolas Braun, <u>474, route de Thionville, L-5886 Hesperange, Luxemburg</u> 128 mi Southwest of Wiesbaden, about 2 hours 20 minutes driving time from Wiesbaden

Sunday, November 10th only

Wachenroth, Franken (State of Bavaria), with 5 km & 10 km trails

Address: Ebrachtalhalle, <u>Schulstrasse</u>, <u>96193 Wachenroth</u>, Franken (State of Bavaria) 128 mi East of Wiesbaden, about 2 hours 10 minutes driving time from Wiesbaden

Sunday, November 10th only

Neunkirchen lès Bouzonville, Lorraine (Département Moselle) with 5 km & 10 km trails Address: Salle des Fêtes, <u>rue de la Douane, F-57320 Neunkirchen les Bouzonville, Lorraine</u> (Département Moselle)

123 mi Southwest of Wiesbaden, about 2 hours 15 minutes driving time from Wiesbaden

Sunday, November 17th only

Vorbachzimmern, Baden-Württemberg, with 6 km, 10 km & 20 km trails

Address: Turn und Festhalle, <u>Hauser Tal 1, 97996 Niederstetten</u>-Vorbachzimmern, Baden-Württemberg

115 mi Southeast of Wiesbaden, about 2 hours driving time from Wiesbaden

Saturday and Sunday, November 23rd & 24th

Sister Club Ramstein Roadrunners in Miesenbach, Rheinland-Pfalz, with 5 km, 10 km, 16 km & 21 km trails

Address: Mehrzweckhalle Miesenbach, am Kiefernkopf 22, 66877 Ramstein-Miesenbach, Rheinland-Pfalz

68 mi Southwest of Wiesbaden, about 1 hour driving time from Wiesbaden

Upcoming Walks (USA)

23rd US Freedom Walk Festival in Arlington, VA & Washington D.C.

October 18 - 20, 2024

IVV & IML trails of 5 km, 10 km, 12 km & 22 km trails and a bike trail, plus a swim event <u>USFWF (usfreedomwalk.org)</u>

33rd Walk Around Florida, Palm Coast, FL November 1st - 3rd, 2024

4 different trails, 1 bike trail & 1 swim event HW-WAF33-Save-the- Date2.pdf (happywanderersfl.org)

AVA Convention (Meet for Volksmarchers in North America) Las Cruces, NM April 26 - May 04, 2025 (including pre- and post- convention hikes) 2025 Convention – AVA.

Europe Look-Ahead 2024

4 Days Walking event in Marbella, Andalucia, Spain - October 03 - 06, 2024 10 km, 20 km & 30 km trails available for IVV stamps.

Marbella 4Days Walking - The Largest 4Days Walking Event in Spain.

Europe Look-Ahead 2025 – 2026

^{**} The following two events are held every two years ** Important stuff for Volksmarchers!!

19th IVV-Olympiad Tampere, Finland

August 14th - 17th, 2025

IVV_esite_PAINO 2023.pdf (ivv-web.org).

If anyone wants to organize a WIWC trip to this event, let us know. This will probably be Judy and Klaus' last walk before Judy retires and they return to the States.

8th IVV-Europiad 2026 Bütgenbach, Belgium October 06 - 13, 2026.

No online info yet, but hardcopy flyers are available at the membership meeting.

IVV Events World-Wide

The IVV / IML event in Gilboa, Israel, April 20 & 21, 2024 was cancelled due to the sensitive situation in Israel. Next event planned **April 19 & 20, 2025.**

6th IVV-Asianpiad 2024 will be held in <u>Seoul, Korea</u> Olympic Park Peace Square **October 25 - 27, 2024** with a 5 km trail, 10 km trail, 25 km trail & 42 km trail on each day, October 26th & 27th. In addition, 2 different bike trails (10 km & 25 km) and 2 different swim events (300 m & 500 m) will be held.

IVV Asianpiad – THE 6TH ASIANPIAD IN SEOUL KOREA (ivv-asianpiad.kr)

1st IVV-Americaspiad / Oceaniaspiad (American Continent (US & Canada, Brazil are members), Australian & New Zealand Volksmarch meet) **Canberra, ACT, Australia** (ACT Australian Capital Territory, like DC), March 24 - 26, 2026

Permanent Trails (Open year-round)

As always, if you don't want to travel far for a traditional event, there are permanent trails (Year-Round Events) nearby, such as our club's own in Frankfurt am Main, the one we recently did as a Group Walk in Wiesbaden-Dotzheim at the Police Bar, or the one we did in Bad Schwalbach at the Cafe Kirch 1. These events are available to hike every day and give you a stamp in your book.

We have taken over the **Permanent Trail** "Goetheweg" in Frankfurt am Main, Hessen. (see the flyer at the end of the newsletter). So far, we do not have approval from the city forest office to mark the new 20 km trail there, but the trail is available as a download. The 5 km & 11 km trails already existed and are downloadable (in addition to the 20 km.) from wanderwege/hessen/wanderweg/auf-goethes-spuren-frankfurt.

However, you'll need the Komoot app to open the .gpx file. There is a detour on the 20 km trail, adding an additional 2km to the distance, but that is included in the download. The distance of 22 km will be honored in your distance books during this time of construction (currently planned until the end of April 2024).

Address: Goethehaus, Großer Hirschgraben 21, 60311 Frankfurt am Main, Hessen Distance: 23 mi East of Wiesbaden, about 30 minutes driving from Wiesbaden.

"Auf den Spuren der Aartalbahn" (on the remnants of the old Aar River Valley Railroad. IVV Permanent Trail (we also did it as a Group Walk)

Organizer: Police Sport Club "Green White" Wiesbaden-Dotzheim

5 km, 13 km & 21 km trails, <u>DVV Wandern - "Auf den Spuren der Aartalbahn im Taunus" (dvv-</u>wandern.de)

Address: Sportplatz Kleinfeldchen "Imbiss bei Kosta", Hollerbornstraße 13, 65197 Wiesbaden-

Dotzheim, Hessen

Distance: 2 mi Southwest of downtown Wiesbaden, about 5 minutes driving time from

Wiesbaden.

"Schwalben Wanderweg" (Swallow hiking trail, the town's name is Swallow Creek)

IVV Permanent Trail (we also did it as a Group Walk)

Organizer: SC 1928 Daisbach e. V.

6 km, 12 km & 20 km trails, <u>DVV Wandern - "Schwalben Wanderweg" (dvv-wandern.de)</u>

Address: Cafe "Kirch 1", Kirchstrasse 1, 65307 Bad Schwalbach, Hessen

Distance: Northwest of downtown Wiesbaden, about 25 minutes driving time from Wiesbaden.

"Auf den Spuren der Roemer in Mainz-Kastel" (on the traces of the Romans in Mainz-Kastel).

IVV Permanent Trail There is a brewery & restaurant at the Starting Point that also offers

brewery tours (the restaurant also offers alcohol free drinks aside from food)

Organizer: Police Sport Club "Green White" Wiesbaden-Dotzheim

7 km & 15 km trails, DVV Wandern - "Auf den Spuren der Römer in Kastel" (dvv-wandern.de)

Address: Brauhaus Castel, Otto-Suhr-Ring 27, 55252 (Wiesbaden-) Mainz-Kastel, Hessen

Distance: 5 mi Southeast of downtown Wiesbaden, about 10 minutes driving time from Wiesbaden.

"Taunus Rundwanderweg" (Taunus Mountains Loop Trail) IVV Permanent Trail

Organizer: Police Sport Club "Green White" Wiesbaden-Dotzheim

13 km trail only, DVV Wandern - "Taunus-Rundwanderweg" (dvv-wandern.de)

Address: Wiesbaden Tourist Information, Marktplatz 1, 65183 Wiesbaden, Hessen

"Rheinhessen Blick" (view of Rheinhessen Region) IVV Permanent Trail

Organizer: VSV 1985 Grosheim e. V.

6 km, 10 km & 20 km trails, DVV Wandern - "Rheinhessenblick" (dvv-wandern.de)

Address: "Schlemmer House" Restaurant (good food there), Marie-Curie-Strasse 9, 55453 Gau-

Algesheim, Rheinland-Pfalz

Friendly Reminders

Traditional Events:

- **Cups:** Organizers (clubs) are not required to provide cups for participants to receive free beverages such as iced tea, broth, or water. While most organizers do provide cups, it's a good idea to bring your own to ensure you can enjoy the offered beverages.
- Additional Drinks and Food: At the start hall and some control points, other drinks, sandwiches, etc., including beer and wine, are available for purchase.

International Events:

• For more details on international events, including those in the US, please email Klaus at HikingCowboy@gmail.com.

There is a flyer at the end of the newsletter that explains more about IVV. However, check out http://www.ivv-online.org for more information.

<u>Miscellaneous</u>

WhatsApp

If you are a member, not on our Whatsapp Group Chat, and want to be included, let us know and we will add you.

Social media

You can get updated walks through email, Facebook, and our website: Facebook Group: https://www.facebook.com/groups/293708457976771

Website: www.wiwcvolksmarching.org Email: www.wiwcvolksmarching.org

Boutique Info

Interested in a club shirt, zip up or sweat- shirts? Orders are placed monthly. Contact Judy at JF4WIWC@gmail.com or via Whatsapp. At the end of the newsletter, you will find the current price list. Bear in mind, the shirts run small so you may want to order a size up. Please use the price list attachment to get current prices. And remember, you can order with or without the fleur de lis on the back. The boutique and pricing are currently undergoing changes while we find a suitable vendor and as such prices are subject to change.

Become a member

Not a member yet? Please consider becoming a member and fill out the member application found at the end of the newsletter. Feel free to forward this to anyone you think might be interested in walking and live in the Wiesbaden area.

Volksmarching Websites

Volksmarches in Germany: www.dvv-wandern.de Volksmarches in USA: www.ava.org Volksmarches

International: www.ivv-online.org

WIWC Council info

Judy Fishel – President Klaus Michels - Treasurer and Registration Director

Frances Salas – Secretary Paula Johnson - Membership Director

Karen Landreth - Social Media Director Daphne Eilliott - Boutique Manager

Council Meetings

Typically held the week before the monthly meeting at the venue agreed upon by all council members.

Membership Info

Annual membership runs from October to September.

Family: 30€/Single: 15€. Members are entitled to monthly newsletters, member trip prices, boutique discounts, and weekly notices of upcoming walks. **The fillable PDF application is at the end of the newsletter.**

Membership Meetings

Every 3rd Monday of the month at the Schnitzel Queen in Nordenstadt (Borsigstraße 1A, 65205 Wiesbaden). Free raffle prizes for attending members.





Permanent Hiking Trail (PW 070 HE)
"Auf Goethes Spuren" (on the footsteps of Goethe) 5 km, 11 km & 20 km (3 mi, 7 mi & 12.5 mi trails)

In Collaboration with the Environmental Office of the City of Frankfurt am Main

Start/Finish

Frankfurter Goethe-Haus und Deutsches Romantik Museum Großer

Hirschgraben 21 60311 Frankfurt am Main Montag - Sonntag 10.00 - 18.00 Uhr Donnerstag 10.00 - 21.00 Uhr



Goethe House and German Romanticism Museum in Frankfurt am Main

WIESBADEN INTERNATIONAL WANDERING CLUB

opening hours:

Monday – Sunday: 10.00 - 18.00 (10 am - 6 pm)

Thursday: 10.00 - 21.00 (10 am - 9 pm)

closed on the following days:

New Year's Day, Good Friday, Tuesday after Pentecost Holiday: closed starting at 13.00 (1 pm), Christmas Eve, Christmas and New Year's Eve.

Hikers who have bought a start card in advance can of course hike the Goethe Trail earlier than 10 am or on closed days and get the stamp in their hiking books later, when the Goethe House is open again.

The Goethe-Haus is very easy to reach by public transportation:

- U- train station (underground station): "Dom / Römer" (U4 & U5)
- U/S train station (underground train station or Commuter Train station): "Hauptwache" (U1, bis U3, U6 bis U8, S1 bis S6, S8 & S9)
- Tram Stop "Römer / Paulskirche" or "Karmeliterkloster" (Route 11, 12 & 14)

Parking is possible in various parking garages (e.g. Parkhaus Goetheplatz) for a fee. Just a short walk to the Goethe House.

The start fee is 3 €. All participants receive a start card. For the 11 km stamp in hiking books there are three control points. The first self-control point (variable location) will await you on the southern bank of the Main River. The second, a constant miniting point is in the city forest (plan sign W3 on the box) and the third self-control (variable location) can soon be found behind the so called "Willemer Häuschen" (Willemer" hut).

for the 5 km stamp in hiking books there only one control point at the self-control (variable location), this is near the "Friedensbrücke" (so called "Peace" bridge over the Main River), southern bank of the Main River.

Attention: There is currently a construction site (restauring of a hike / bike bridge over a freeway) on the 20 km route. Please follow the detour signs for bikes. The length of the trail increases by approximately 1.6 km (1 mi). For this time, 22 km will be honored in hiking books

Hiking club:

Wiesbaden International Wandering Club - DVV-member: 15/1203 President:

Judith A. Fishel, wiwcpresident@gmail.com.

Further Information about the Goethe Trail): Der Goetheweg | Stadt Frankfurt am Main Contact person for the Permanent hiking trail): Klaus M. Michels wiwc.pw@gmail.com.

Conditions:

The hiking trail is set up according to the guidelines of DVV (Deutscher Volkssport Verband), the German branch of the IVV (International Volkssport Verband). Stamps are counted in books for the International People's Sports Badge (Certificates, Patches & Pins). By signing in (purchasing the start card), the participant accepts the conditions and good sportsmanship.

The hiking trail is insured against third-party liability claims. There is accident insurance for participants. The insurance cover applies to accidents that occur on the marked routes, provided that the participant is in possession of a valid start card with name and full address. The organizer is a member of the ARAG club insurance through the DVV. Their conditions apply.

An IVV participation stamp is offered for a maximum of one hike a day, but always the accomplished distance hiked (IVV kilometer distance rating). If a route is completed multiple times, you must purchase a start card each time. The purchased start card must be taken with you on the route and the control point notes must be written on it.

The IVV stamp will only be issued after the route has been completed and the hiking book must be presented personally, and the names match, and all control point notes must be present. The IVV stamp is only awarded in the association's own hiking books.

The Strassen Verkehrs Ordnung, StVO (German Road Traffic Regulations) must be observed when crossing or using roads. Animals must be kept on a leash. Smoking is prohibited in the forest.

If there is snow or ice present, the hiking trails will not be gritted or cleared (for winter hikes).

Item	Color	Size	Front Printing	Front and BackPrinting	Notes
Men's/Unisex Short Sleeve (round neck)	Atoll Blue	XS-3XL	12	27	3XL +2
mon eremesk enert electre (realita freek)	Aqua	XS-5XL	12	27	3XL +2, 4-5XL +3
	Black	XS-5XL	12	27	3XL +2, 4-5XL +3
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Women's Short Sleeve (round and v-neck)	Atoll Blue	S-3XL	12	27	round neck only to 2X3XL +2
	Black	S-3XL	12	27	round neck only to 2X3XL +2
Men's Long Sleeve	Aqua	XS-3XL	15	30	3XL +2, 4-5XL +3
	Black	XS-5XL	15	30	3XL +2, 4-5XL +3
Women's Long Sleeve	Tropical Blue	S-XXL	18	33	
	Black	XS-3XL	15	30	3XL +2
	White	XS-3XL	15	30	3XL +2
Mens Quick Dry SS	Black	S-XXL	17	32	
Wells Quick Dry 33	Lime	S-XXL	17	32	
	Navy	S-XXL	17	32	
	White	S-XXL	17	32	
Womens Quick Dry SS	Black	XS-XL	16	31	
	Lime	XS-XL XS-XL	16 16	31 31	
	Navy White	XS-XL	16	31	
	vviile	∧o-∧L	10	31	
Mens Quick Dry LS	Black	S-XXL	19	34	
·	Lime	S-XXL	19	34	
	Navy	S-XXL	19	34	
	White	S-XXL	19	34	
Wamania Quiak Dry I C	Black	XS-XL	18	33	
Women's Quick Dry LS	Lime	XS-XL	18	33	
	Navy	XS-XL	18	33	
	White	XS-XL	18	33	
Mens Polo SS	Atoll Blue	XS-4XL	15	30	3-4 XL +2
	Black	XS-4XL	15	30	3-4 XL +2
Womens Polo SS	Atoll Blue	XS-3XL	15	30	3 XL +2
	Black	XS-3XL	15	30	3 XL +2
Mens Polo LS	Tropical Blue	XS-4XL	20	35	3XL +2, 4XL +4
	Black	XS-4XL	20	35	3XL +2, 4XL +4
Womens Polo LS	Tropical Blue	XS-3XL	20	35	3XL +2
Wolliens Fold Lo	Black	XS-3XL	20	35	3XL +2
	D.G.O.K	710 0712			V/12 2
Men's Hooded Front Pocket Sweatshirt (Zippered)	Tropical Blue	S-4XL	31	46	3-4 XL +2
	Black	S-4XL	31	46	3-4 XL +2
Embroidered	Tropical Blue	S-4XL	40	66	3-4 XL +2
Embroidered	Black	S-4XL	40	66	3-4 XL +2
Women's Hooded Front Pocket Sweatshirt (Zippered)	Not Available				
Mens Hooded Front Pocket Sweatshirt	Hawaiian Blue	XS-3XL	24	39	3 XL +2
	Black	XS-3XL	24	39	3 XL +2
Embroidered	Hawaiian Blue	XS-3XL	33	59	3 XL +2
Embroidered	Black	XS-3XL	33	59	3 XL +2

Women's Hooded Front Pocket Sweatshirt	Hawaiian	XS-3XL	25	40	3XL +3
	Blue				
	Black	XS-3XL	25	40	3XL +3

Item	Color	Size	Front Printing	Front and BackPrinting	Notes
Embroidered	Hawaiian	XS-3XL	34	34	3XL +3
	Blue				
Embroidered	Black	XS-3XL	60	60	3XL +3
Men's Crew Neck Sweatshirt	Aqua	XS-2XL	21	36	
	Black	XS-3XL	21	36	3XL +2
Embroidered	Aqua	XS-2XL	31	49	
Embroidered	Black	XS-3XL	31	49	3XL +2
Women's Round Neck Sweatshirt	Royal Blue	XS-XXL	16	31	
	Black	XS-XXL	16	31	
	Hawaiian	XS-XXL	21	36	
	Blue				
	Royal Blue	XS-3XL	21	36	3XL +2
	Black	XS-3XL	21	36	3XL +2
Embroidered	Royal Blue	XS-XXL	25	41	
Embroidered	Black	XS-XXL	25	41	
Embroidered	Hawaiian	XS-XXL	30	46	
- · · · ·	Blue	\(O_0\)	00	40	0)// 0
Embroidered	Royal Blue	XS-3XL	30	46	3XL +2
Embroidered	Black	XS-3XL	30	46	3XL +2
Mens Windbreaker	Atoll Blue	S-XXL	19	34	
	Black	S-XXL	19	34	
Men's Fleece Jacket (Embroidered)	Aqua	XS-5XL	34	60	3XL +6, 4-5XL +10
	Black	XS-5XL	34	60	3XL +6, 4-5XL +10
Women's Fleece Jacket (Embroidered)	Aqua	XS-5XL	34	60	3XL +6, 4-5XL +10
	Black	XS-5XL	34	60	3XL +6, 4-5XL +10
Baseball Cap (Embroidered)	Atoll Blue		15		
	Black		15		



WIESBADEN INTERNATIONAL WANDERING CLUB

Membership Application / MITGLIEDSCHAFTSANTRAG

ANNUAL MEMBERSHIP DUES: / JAHRESBEITRAG:

15 EURO / SINGLE 15 EUR / EINZELBEITRAG 30 EURO / FAMILY 30 EUR / FAMILIENBEITRAG

APPLICANT INFORMATION PERSÖNLICHE ANGABEN					
Name: Name:					
SOFA Status:YES / NO Zugehörigkeit zu NATO Streitkräfte		DEROS (mo/yr): s ja: Abzugsdatum (Monat / Jahr):		
Mailing address (CMR if applic Postadresse (Postfach, falls zutreft					
Home address: Hausanschrift:					
City: Stadt:			Zip code: Postleitzahl:		
		NFORMATION KTDATEN			
Primary email: E-Mail-Adresse:					
Work phone: Telefon (beruflich):	Home phone: Telefon (privat):		Cell phone: Mobiltelefon:		
FAMILY INFORMATION (FOR FAMILY MEMBERSHIP) ANGABEN ZUR FAMILIE (BEI FAMILIENMITGLIEDSCHAFT)					
Additional family members: Spouse / Partner: Weitere Familienmitglieder: Ehegatte / (Lebens-) Partner:					
Minor Children: Minderjährige Kinder:					

STATEMENT OF UNDERSTANDING VERSTÄNDNISERKLÄRUNG

With this application for membership I agree, to the best of my ability, to uphold the ideals of the Internationaler Volkssportverband (IVV). I also understand the following:

Mit diesem Antrag versichere ich, die Ideale des Internationalen Volkssportverbandes (IVV) nach bestem Wissen und Gewissen zu verfolgen. Ferner verstehe ich, was folgt:

WIWC is a private organization under the jurisdiction of the Commander, U.S. Army Garrison Wiesbaden. As

such, the club is not an instrumentality of the United States. It must be self-sustaining, and may not receive financial assistance from the U.S. Army or non-appropriated funds. The purpose of the club shall be to promote and encourage the sport of wandering and related sporting and social activities.

These activities will

be conducted for the morale, welfare and physical well-being of the members of the Wiesbaden Military

Community as a whole and for the betterment of relations between the members of the community and the host country.

Der WIWC ist eine Privatorganisation, welche dem Kommandanten der US Armee Garnison Wiesbaden unterstellt ist. Als solche ist der Verein keine Körperschaft der Vereinigten Staaten. Er muss sich selbst erhalten können und darf keine finanzielle Unterstützung durch die US Armee oder aus unangemessenen Mitteln erhalten. Der Vereinszweck ist die Bewerbung und Förderung des Wandersportes und ähnlicher sportlicher und gesellschaftlicher Aktivitäten, welche unter der Moral, das Wohlergehen der Wiesbadener Miltärgemeinde als Ganzes sowie das Verhältnis zur Gastnation zu verbessern, dirigiert werden.

Application for membership in the club entitles me to receive the benefits of club membership, including pre- registration at volksmarches, club-sponsored bus trips, the WIWC Newsletter, and club items for sale (when available).

Durch den Mitgliedschaftsantrag werde ich zur Inanspruchnahme der Mitgliedervorteile des Vereins, wie Vormerkung für Wandertage, vereinsgesponsorte Busfahrten, den WIWC Newsletter und Zugang zur Vereinsboutique berechtigt

As a member in good standing, I may run for, and be elected to hold, an office in the club council.

Als ordentliches Mitglied darf ich für Positionen im Vereinsvorstand kandidieren und gewählt werden.

Occasionally I may be called upon to participate, or assist in club matters and activities.

Gelegentlich darf ich zur Unterstützung oder Assistenz in Vereinsangelegenheiten und Aktivitäten aufgerufen werden.

ADDITIONAL INFORMATION ZUSÄTZLICHE INFORMATIONEN						
I am interested in helping the club in the following areas: Ich würde den Verein gerne in folgenden Bereichen unterstützen:						
Annual Volksmarch	Trip Captain	Council Member				
Jährlicher Wandertag	Ausflugsleiter Vorstandsmitglied					
SIGNATURE UNTERSCHRIFT						
Name: Name:		Date: Datum:				

BANK TRANSFER INFO / BANKVERBINDUNG IBAN: DE 07 5109 0000 0000 3035 00 BIC: WIBADE5W (Wiesbadener Volksbank)

Club Meeting Information / TREFFPUNKT

Monthly meetings are every 3rd Monday at 19:00. Dinner & Social starts at 18:00 currently at restaurant Schnitzel Queen, Borsigstraße 1, 65205 Wiesbaden-Nordenstadt, bus stop: Daimlerring bus line: 15; every 10 minutes. Please check our Facebook page for changes of dates and location. Monatliche Vollversammlung – jeweils am dritten Montag im Monat um 19:00 Uhr, Abendessen und gesellige Runde beginnen um 18:00 Uhr zurzeit im Restaurant Schnitzel Queen, Borsigstraße 1, 65205 Wiesbaden-Nordenstadt, Bushaltestelle: Daimlerring, Buslinie: 15; alle 10 Minuten Bitte überprüfen Sie unsere Facebook-Seite für Änderungen von Daten und Ort.

Contact us at e-mail: / Kontaktieren Sie uns unter E-Mail: wiwcvolksmarching@gmail.com

Connect with us on Facebook: / Verbinden Sie sich mit uns auf Facebook:

https://www.facebook.com/WiesbadenVolksmarching/

MEMBERSHIP INFORMATION MITGLIEDSCHAFTSINFORMATIONEN					
Membership Number: Mitgliedsnummer:	Renewal Date: Datum der Verlängerung:				