



Wandering News

Wiesbaden International Wandering Club

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March 2026

OUR MISSION

WIWC mission strives to encourage Volksmarching, physical activity, outdoor enjoyment, and positive interactions with our host nations.

MESSAGE FROM THE PRESIDENT

As March arrives, we welcome the start of spring and the new hiking season across Europe. Spring hiking brings a refreshed start with longer daylight hours to enjoy the beauty of nature awakening from the long winter.

Spring weather can be unpredictable at times with its cooler mornings, occasional rain, and muddy terrains are just a part of the experience that lead us to rewards of to the blooming landscapes amongst the exploration.

This month, I encourage you to take advantage of our local trails, whether through a peaceful forest walk, a scenic ridge hike, or a longer weekend adventure. These early-season outings are perfect opportunities to rebuild endurance and connect with fellow members as we prepare for the longer excursions ahead.

Our hiking club continues to thrive because of your enthusiasm and willingness to explore. Whether you are joining your first group hike or your fiftieth, you are a vital part of this community. I encourage you to step outside, invite a friend, and experience the renewal of the season.

I look forward to seeing many of you on the trail this month.

Happy hiking,
Frances Salas

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Monthly Member meeting Reminder

March 16, 2026

Schnitzel Queen in Nordstadt ([Borsigstraße 1A, 65205 Wiesbaden](#)).

6:00 pm for dinner and socializing; 7:00 pm for the meeting.

***Unless it's a holiday, meetings held every third Monday of the month.**

Welcome March

Spring is upon us

With longer days approaching, fresh blossoms make their appearance and that irresistible pull to step outside and take it all in. It's the perfect time to lace up your walking shoes and join a volksmarch. Enjoy scenic trails of local communities at your own pace and reward yourself with a sweet kuchen or currywurst at the starthalle. There's something special about spring that makes every step lighter and conversation brighter.

As flowers bloom, so do friendships. Volksmarches are just about the miles; they're about the community, shared experiences, and reconnecting after a long winter. This season invites us to gather, explore and celebrate the beauty all around us one step at a time.

Hiking Safety 101

As spring conditions can be unpredictable, we want to remind our members about safety and attire. Check weather conditions as spring weather can shift quickly. Know your trail and conditions as snow melts it creates muddy paths, slippery rocks, or high creek crossings. Make sure you share with a friend your plan with an expected return time and your route plan. Be sure to pack a small first aid kit that includes bandages, blister care, antiseptic wipes and any personal medications.

For recommended attire be sure to wear a base layer that is moisture wicking as it keeps sweat off your skin and keeps body temperature. Wear waterproof hiking boots or trail shoes. Wear a water resistant outer layer as it protects from rain or unexpected temperature drops. A helpful tool can be bringing along trekking poles to aid in stability on slick terrain. We hope these reminders help as we start to enjoy the time outdoors. Happy wandering!



Community Connection

Volunteer Support for Ramstein Roadrunners

April 25-26

Our sister club, the Ramstein Roadrunners has offered some volunteer opportunities for their hosted walk in April. They are currently seeking assistance to help ensure the event runs smoothly and successfully. This is a great opportunity to support our sister club, strengthen partnership and give back to the broader community. Members who are available and interested in volunteering are encouraged to participate and lend a helping hand. Contact the WIWC council members for more information.

Newcomers Event

The Newcomers event on March 4 at the Clay Fitness Center was a wonderful success. We were excited to welcome new faces and introduce them to the Wiesbaden community. Even better, 15 attendees expressed interest in learning more about wandering! A heartfelt thank-you to all our volunteers whose energy and support made this event possible.

Dine and Dash with us

March 21

Bad Schwalbach Permanent Trail

This DVV is a well loved hosted event. It feels like stepping straight into the past with sights of cobblestone roads, timber framed houses and medieval towers around every corner you look. The walking path will go through views of preserved medieval walls and beautiful views of the valley. For club members who plan to do an overnight, there will be a sign up for participation to enjoy an evening out to dinner followed by the Night watchman tour where we will dive deep into learning more about the town. Information will follow soon.

Last Month's Highlight

Rothenburg Volksmarch

Our WIWC members came and showed their club spirit strapping on their walking shoes and gathering in the beautiful town of Rothenburg ob der Tauber. It was a memorable weekend volksmarch as the fresh air and good weather showed us a welcoming start into the new month. Members from different clubs joined together to explore the historic town and countryside paths, finishing the volksmarch off to live music, small bites, and a stein of beer shared among friends.

Some members extended their stay to participate in the evening Night Watchman's tour, a unique experience that brought the history of Rothenburg to life. Guided through the medieval streets after dark, participants learned about the town's rich past, traditions and stories throughout the cobblestone streets.

Members throughout the weekend logged impressive kilometers marking a great beginning to spring walking and renewed excitement for many more volksmarch adventures still to come.



Upcoming Walks

March 7-8

Hiking Day "Hiking in the beautiful Glan Valley"

6, 10, 20 km St. Julian

Start: Sat., Sun. 7:30 a.m. - 1:00 p.m. (6, 10 km) and 7:30 a.m. - 12:00 p.m. (20 km).

Address: Village Community Center St. Julian, Hauptstr. 38, 66887 St. Julian

Worth seeing: Historic oil mill St. Julian

March 7th/8th

Hiking Day , accessible, with children's and youth hiking day "Hiking in the UNESCO Biosphere Reserve"

6, 11, 20 km Lauterach

Start: Sat., Sun. 8:00 a.m. - 12:00 p.m.

Lautertalhalle, Lautertalstr. 5, 89584 Lauterach , Train station: Munderkingen

Worth seeing: Hiking in the UNESCO Biosphere Reserve Swabian Alb

March 14th/15th

Hiking Day , barrier-free "Hiking in the Nahe region" , 5, 10, 20, 30, 42 km

Grolsheim

Start: Sat., Sun. 7:00 a.m. - 2:00 p.m. (5, 10 km), 7:00 a.m. - 1:00 p.m. (20 km), 7:00 a.m. - 12:00 p.m. (30 km) and 7:00 a.m. - 9:00 a.m. (42 km)

Nahelandhalle, Aspischer Weg 32, 55459 Grolsheim , Train station: Gensingen-Horrweiler

March 15th.

Guided day hike "Finkenberg Hike"

6 and 11 km Großenlüder

Start: Sunday, 10:00 a.m.,

Address: Gasthaus "Zum Hirsch", Lauterbacher Str. 16, 36137 Großenlüder

Worth seeing: Pushmill

March 18th.

Guided day hike "Bruchwanderung"

6 and 12 km Bad Dürkheim

Start: Wednesday, 1:30 pm (6 km) and 1:00 pm (12 km).

Meeting point: In front of the giant barrel at the Wurstmarkt (sausage market) square

Address: St. Michael Allee 1, 67098 Bad Dürkheim

March 21st/22nd:**Hiking Day "Soonwald Hike"**

5, 10, 15 km Spabrücken.

Start: Sat., Sun. 8:00 a.m. - 1:00 p.m.,

Address: Soonwaldhalle sports grounds, Am Wald 25, 55595 Spabrücken

March 28-29**Hiking Day , including a children's and youth hiking day "Hunsrück Hike with 5-Nations Cup Marathon"**

6, 10, 20, 42, 50 km Rhaunen

Start: Sat. 7:00 AM - 2:00 PM (6, 10 km), 7:00 AM - 11:00 AM (20 km), 6:30 AM - 8:30 AM (42 km) and 6:30 AM - 8:00 AM (50 km), Sun. 7:00 AM - 2:00 PM (6, 10 km), 7:00 - 11:00 (20 km) and 6:30 - 8:30 (42 km)

Address: Idarwald Hall Rhaunen, Am Sonnenschlicher 5, 55624 Rhaunen

April 3**Guided day hike "Good Friday Hike in Daisbach"**

6, 10, 20 km Aarbergen-Daisbach

Start: Fri. 10:30 a.m. (6 km), 10:00 a.m. (10 km) and 8:00 a.m. (20 km)

Address: SC Daisbach clubhouse, Am Volbertsberg 2, 65326 Aarbergen-Daisbach

Worth seeing: oldest Catholic half-timbered church in Hesse, SC Daisbach sports complex

Friendly Reminder for Traditional Events

- **Cups:** Organizers (clubs) are not required to provide cups for participants to receive free beverages such as iced tea, broth, or water. While most organizers do provide cups, it's a good idea to bring your own to ensure you can enjoy the offered beverages.
- **Additional Drinks and Food:** At the start hall and some control points, other drinks, sandwiches, etc., including beer and wine, are available for purchase.

Permanent Trails

IVV Permanent Trail Goetheweg

Organizer: Wiesbaden International Walking Club Wiesbaden Hessen

5 km, 11 km and 20 km trail, GPS data from trail on the Komoot app

Address: Goethehaus, Groß Hirschgraben 21, 60311 Frankfurt am Main, Hessen

23 miles east of Wiesbaden , about 30 minutes driving from Wiesbaden

IVV Permanent Trail "Auf den Spuren der Aartalbahn" (on the traces of the (out of service) Aar River Valley Railroad)

5 km, 13 km & 21 km trails, GPS data for those 3 trails at [DVV Wandern - "Auf den Spuren der Aartalbahn im Taunus"](https://www.dvv-wandern.de) (dvv-wandern.de)

Address: Sportplatz Kleinfeldchen "Imbiss bei Kosta", Hollerbornstraße 13, 65197

Wiesbaden-Dotzheim, Hessen

2 mi Southwest of downtown Wiesbaden, about 5 minutes driving time from there.

IVV Permanent Trail "Schwalben Wanderweg" (Swallow hiking trail, the town's name is Swallow Creek)

6 km, 12 km & 20 km trails, GPS data for those 3 trails at [DVV Wandern - "Schwalben Wanderweg"](https://www.dvv-wandern.de) (dvv-wandern.de)

Address: Cafe "Kirch 1", Kirchstrasse 1 , 65307 Bad Schwalbach, Hessen

10 mi Northwest of downtown Wiesbaden, about 25 minutes driving time from there.

IVV Permanent Trail "Auf den Spuren der Römer in Mainz-Kastel" (on the traces of the Romans in Mainz-Kastel)

There is a brewery & restaurant at the Starting Point that also offers brewery tours (the restaurant also offers alcohol free drinks aside from food)

7 km & 15 km trails, GPS data for those 2 trails at [DVV Wandern - "Auf den Spuren der Römer in Kastel"](https://www.dvv-wandern.de) (dvv-wandern.de)

Address: Brauhaus Castel, Otto-Suhr-Ring 27, 55252 (Wiesbaden-) Mainz-Kastel, Hessen

5 mi Southeast of downtown Wiesbaden, about 15 minutes driving time from there.

IVV Permanent Trail "Taunus Rundwanderweg" (Taunus Mountains Loop Trail)

13 km trail only, GPS data for this trail at [DVV Wandern - „Taunus-Rundwanderweg“](https://www.dvv-wandern.de) (dvv-wandern.de)

Address: Wiesbaden Tourist Information, Marktplatz 1, 65183 Wiesbaden, Hessen
in downtown Wiesbaden

IVV Permanent Trail "Rheinhessen Blick" (view of the Rheinhessen Region)

6 km, 10 km & 20 km trails, GPS data for those 3 trails at [DVV Wandern - "Rheinhessenblick"](http://dvv-wandern.de)
dvv-wandern.de

Address: "Schlemmer House" Restaurant (good food there), **Marie-Curie-Strasse 9, 55453 Gau-Algesheim, Rheinland-Pfalz**

15 mi Northwest of downtown Wiesbaden, about 25 minutes driving time from there.

Traveling beyond Germany

Traditional volksmarches expand beyond the borders in Germany in many parts of Europe and even in the US. For more information on volksmarches overseas and abroad, check out the following:

- Volksmarches in Germany: www.dvv-wandern.de
- Volksmarches International: www.ivv-online.org
- Volksmarches in USA: www.ava.org

European Walks

<p>Sunday, March 1 Margut, France 7 km, 10 km, 15 km, 20 km Ermitage St Walfroy, 08370 MARGUT</p>	<p>Saturday/Sunday, March 14/15 Herstal, Belgium 4 km, 7 km, 12 km, 21 km, 30 km, 42 km La Charlemagn'rie Rue Henri Nottet, 11 4040 Herstal</p>
<p>Sunday, March 8 Kehlen, Luxembourg 5 km, 10 km Salle de Musique Kehlen 8, rue du Centre 8282 Kehlen</p>	<p>Saturday, March 21 Buissenal, Belgium 4 km, 7 km, 15 km, 20 km, 25 km Salle "L'Envol" Place, 8 7911 Buissenal</p>
<p>Saturday, March 14 Beaumont, Belgium 5 km, 10 km, 15 km, 20 km, 30 km</p>	<p>Sunday, March 22 Talange, France 5 km, 10 km, 15 km, 20 km</p>

Salle Désirée Rue de la Station, 19 6511 Stree

1 place des Fêtes, 57525 Talange

WIWC Information

Social media

You can get updated walks through email, Facebook, and our website: Facebook Group:

<https://www.facebook.com/groups/293708457976771>

Website: www.wiwcvolksmarching.org (Currently under maintenance)

Email: wiwcvolksmarching@gmail.com

Membership Information

Family: 30€/Single: 15€. Members are entitled to monthly newsletters, member trip prices, boutique discounts, and weekly notices of upcoming walks.

If you are a member and not in our WhatsApp group chat and want to be included, let us know and we'll add you.

Elected WIWC council for 2026

President: Frances Salas

Vice President:

Treasurer: Gregory Fields

Secretary: Nicole Rand

Registration Director: Adam Marchbanks

Membership Director: Nicole Rand

Trail master: Adam Marchbanks

Social Media Directors: Christina Spence and Karen Landreth

Boutique Manager: James Meredith

Event and Fundraising Coordinator: Yonnie Cochran